

# 2006-2007 Tentative Fall/Winter Schedule

September 5/06 to Mar. 26/07

Final Test Sessions Mar. 28 - 29/07

Monday		Tuesday		Wednesday		Thursday	
Time	Program	Time	Program	Time	Program	Time	Program
6:10-7:30	Dance Pairs	6:10-7:30	Dance Pairs	6:10-7:30	Dance Pairs	6:10-7:30	Dance Pairs
7:30-7:40	<b>Flood</b>	7:30-7:40	<b>Flood</b>	7:30-7:40	<b>Flood</b>	7:30-7:40	<b>Flood</b>
7:40-9:10	Dance Pairs	7:40-9:10	Dance Pairs	7:40-9:10	Dance Pairs	7:40-9:10	Dance Pairs
9:10-9:20	<b>Flood</b>	9:10 - 9:20	<b>Flood</b>	9:10-9:20	<b>Flood</b>	9:10-9:20	<b>Flood</b>
9:30 - 10:15	<b>Preschool</b>	9:20-11:20	Day Ice	9:20-11:20	Day Ice	9:20-11:20	Day Ice
10:20-11:20	Day Ice						
11:20-11:30	<b>Flood</b>	11:20-11:30	<b>Flood</b>	11:20-11:30	<b>Flood</b>	11:20-11:30	<b>Flood</b>
11:30-1:15	Day Ice	11:30-1:15	Day Ice	11:30-1:15	Day Ice	11:30-1:15	Day Ice
1:15-1:25	<b>Flood</b>	1:15-1:25	<b>Flood</b>	1:15-1:25	<b>Flood</b>	1:15-1:25	<b>Flood</b>
1:25-2:10	ELITE TRAINING ICE	1:30-2:15	<b>Preschool</b>	1:25-2:10	ELITE TRAINING ICE	1:25-2:10	Day Ice
2:10-2:20	<b>Flood</b>			2:10-2:20	<b>Flood</b>	2:10-2:20	<b>Flood</b>
2:20-3:10	Sr. Comp Freeskate	2:20-3:10	Sr. Comp Freeskate	2:20-3:10	Sr. Comp Freeskate	2:20-3:10	Sr. Comp Freeskate
3:10 - 3:20	<b>Flood</b>	3:10 - 3:20	<b>Flood</b>	3:10 - 3:20	<b>Flood</b>	3:10 - 3:20	<b>Flood</b>
3:20-4:10	Jr/Sr. Comp Freeskate	3:20-4:10	Sr. Comp Freeskate	3:20 - 4:05	Sr.Comp. Freeskate	3:20 -4:05	Sr.Comp. Freeskate
4:10 - 4:25	Jr/Sr Spin Patch	4:10 - 4:25	Sr Spin Patch	4:05 - 4:25	Jr./Sr. Comp Stroking	4:05 - 4:25	Sr. Comp Stroking
4:25-4:35	<b>Flood</b>	4:25-4:35	<b>Flood</b>	4:25-4:35	<b>Flood</b>	4:25-4:35	<b>Flood</b>
4:35 - 5:25	Jr Comp Freeskate	4:35 - 4:55	Jr.STAR Skill	4:35 - 5:20	Jr Comp Freeskate	4:35-4:55	<i>Jr Comp. Dev. Dance/ Skill</i>
5:25 - 6:25	Pre-Junior/ Enrichment	4:55 - 5:25	Jr.STAR Freeskate	5:20 - 5:30	<b>Flood</b>	4:55 - 5:15	Jr Comp Dev/Jr Comp Stroking
6:25 - 6:35	<b>Flood</b>	5:25 - 5:40	Jr.STAR Dance	5:30 - 6:15	Jr Comp Freeskate	5:15 - 5:25	<b>Flood</b>
6:35 - 6:55	Jr.STAR Skill "B"	5:40 - 6:00	Inter. STAR Skills	6:15 - 6:30	Jr Comp Spin patch	5:25 - 6:10	<i>Jr Comp Dev Program</i>
6:55 - 7:25	Jr.STAR Freeskate	6:00 - 6:20	Inter.STAR Dance	6:30 - 6:40	<b>Flood</b>	6:10 - 6:25	<i>Jr Comp Dev Spin Patch</i>
7:25 - 7:40	Jr.STAR Dance	6:20 - 6:30	<b>Flood</b>	6:40 - 7:00	Inter. STAR Skills	6:25 - 6:35	<b>Flood</b>
7:40 - 8:00	Int/Sr STAR Skill	6:30 - 7:15	Inter.STAR Freeskate	7:00 - 7:45	Inter.STAR Freeskate	6:35-7:20	Jr Comp Freeskate
8:00 - 8:20	Int./Sr.STAR Dance	7:15 - 7:25	<b>Flood</b>	7:45 - 8:15	STAR Dance Tech/	7:20 - 7:30	<b>Flood</b>
8:20 - 8:30	<b>Flood</b>	7:25 - 7:45	Sr. STAR Dance		Adult LTD	7:30-8:00	Jr Comp Freeskate
8:30 - 9:15	Int/Sr STAR FS	7:45 - 8:30	Sr STAR Freeskate	8:15 - 8:25	<b>Flood</b>	8:00 - 8:15	Jr Comp Spin Patch
9:15 - 9:25	<b>Flood</b>	8:30 - 8:40	<b>Flood</b>	8:25 - 10:10	Nexxice	8:15 - 8:25	<b>Flood</b>
9:25 - 10:15	Adult TCHSS	8:40 - 9:30	Adult Canskate	10:10 - 10:20	<b>Flood</b>	8:25 - 8:45	Sr. STAR Dance
	Oct - Dec/Jan - Mar			10:20 - 11:30	Nexxice	8:45 - 9:30	Sr. STAR Freeskate
		9:30 - 10:20	Adult General & Adult Social Dance			9:30 - 9:40	<b>Flood</b>
						9:40 - 11:00	Adult Synchro
<b>Optimists</b>		<b>Lions-RIM</b>		<b>Lions-RIM</b>			
<b>Pad #2</b>		<b>Pad #3</b>		<b>Pad #3</b>			
5:30 - 5:50	Jr.STAR Skill "A"	5:00 - 5:50	Canskate	5:30- 5:50	Jr.STAR Skill		
5:50 - 6:20	Jr.STAR Freeskate	5:55 - 6:50	CS Advanced	5:50-6:20	Jr.STAR Freeskate		
6:20 - 6:35	Jr STAR Dance	6:50 - 7:00	<b>Flood</b>	6:20 - 6:35	Jr STAR Dance		
6:35 - 7:20	Intro to Synchro	7:00 - 7:50	Adv. Rec.	6:35 - 7:35	Pre Junior		
7:20 - 7:30	Flood			7:35 - 7:45	<b>Flood</b>		
7:30 - 8 :20	PN Synchro			7:45 - 8:50	PN Synchro		

